

## CELA ICAF & ICAT Code of Ethics:

1. Uphold the highest standards of the profession and accept responsibility for the consequences of our actions;
2. Provide clients with statements of informed consent and voluntary participation, as well as a contract that includes methods of interventions, frequency of sessions, and costs which is provided to the client before they begin;
3. Act with care and responsibility because our methods, interventions, and recommendations affect the lives of others. ICAF and ICAT practitioners should avoid personal, social, and financial situations and pressures that might lead to misuse of their influence;
4. Preserve boundaries between personal and therapeutic process;
5. Avoid dual relationships;
6. Know the boundaries and scope of our practice and training;
7. Only use techniques that we are qualified to use through training and supervision;
8. Take all necessary precautions to protect the welfare of clients;
9. Recognize that personal problems may interfere with professional effectiveness and, if they do interfere, the ICAT or ICAF must seek competent professional support (in terms of supervision and/or personal therapy);
10. Be in compliance with state and federal laws that govern our profession;
11. Respect civil, human, and legal rights of all clients, supervisees, students, and colleagues;
12. Recognize, respect, and be sensitive to the diverse attitudes and personal values others bring to our work especially when dealing with topics that have the potential to cause offense;
13. Distinguish private opinions from those generally held in the profession as appropriate;
14. Clarify that one's personal opinions do not represent the official position of CELA;
15. Be accurate about the efficacy of one's work, education, and training especially when discussing in a public forum;
16. Respect the confidentiality of information relevant to work with a client, supervisee, and student;
17. Inform clients of confidentiality, limits of confidentiality, and the need for written consent in order to disclose unless there is imminent danger to the client or community;
18. Make provisions for maintaining confidentiality in the storage and disposal of records;
19. When working using the creative arts in a therapeutic setting, the ICAF/ICAT must help the client move between understanding the power of the various states of consciousness, (i.e., the literal, emotional, and imaginal,) and be sensitive to this in order to aid each client as appropriate using the metaphoric world in the literal aspect of their lives. We must be sensitive to the various levels that the image evokes and not reduce them or pathologize them without understanding their symbolic meaning and essence;
20. Always have adequate provisions to ensure a client's safety while respecting the client and the client's dignity.