

## PY011 Required Reading

ICAF/ICAT certification training has a required reading component. All candidates must enroll in *Required Reading* (the online course) in order to complete the reading work. Each *Required Reading* title has an assigned writing component that students must complete---but only for titles that were **not** read as part of another online CELA course:

- *Foundations of Expressive Arts Therapy: Theoretical and Clinical Perspectives*, Stephen K. Levine and Ellen G. Levine\*\*
- *Assessments and Outcomes in the Arts Therapies: A Person-Centered Approach*, Caroline Miller (Editor)\*\*
- *Assessments in the Creative Arts Therapies: Designing and Adapting Assessment Tools for Adults with Developmental Disabilities*, Stephen Snow, PhD, RDT-BCT and Miranda D'Amico, PhD\*\*
- *Arts-Based Group Therapy*, Bruce L. Moon\*\*
- *Studio Art Therapy: Cultivating the Artist Identity in the Art Therapist*, Catherine Hyland Moon
- *Illness and the Art of Creative Self-Expression*, John Graham-Pole, MD\*\*
- *What is Narrative Therapy?*, Alice Morgan\*\*
- *The Eyes of the Skin*, Juhani Pallasmaa\*\*
- *The Faithful Gardener: A Wise Tale About That Which Can Never Die*, Clarissa Pinkola-Estes
- *Feeding the Hungry Ghost: Life, Faith, and what to Eat for Dinner*, Ellen Kanner
- *Tending the Soul's Garden: Permaculture as a Way Forward in Difficult Times*, Denise Rushing
- *Language and Culture*, Claire Kramersch (part of the *Oxford Introduction to Language Study Series*, H.G. Widdowson series editor)
- *The Spirit Catches You and You Fall Down*, Anne Fadimann
- *A Handful of Quiet*, Thich Nhat Hanh
- *The Long Road Turns to Joy*, Thich Nhat Hanh
- *The Little Book of Hygge: Danish Secrets to Happy Living*, Meik Wiking
- *The Sonic Self*, Naomi Cumming
- *Integrating the Arts in Therapy: History, Theory, and Practice*, Shaun McNiff\*\*

\*\*Title must be read and writing assignments completed prior to enrolling in Facilitation Skills

Prerequisite: you must be accepted into either the ICAF or the ICAT Certification Program or have permission from the Director to take this course.